

Internship Details
(5 days or more and 30 hours in total)
Host Company Information Sheet

2025/9/2

Company Profile			
Phonetic	かぶしきがいしゃくるる		
Name of company or organization	株式会社樞		
Industry *Select from the pull-down	宿泊業、飲食サービス業		
Phonetic	ならしひがしむきみなみまち		
Location	5-1 Higashimuki Minami-machi, Nara City, Inoue Building 2F-A & B		
Representative Position	President & CEO	ふりがな	ますだ さちこ
		代表者名	増田 幸子
Name of the department in charge	HR & Labor Management	ふりがな	まちだ やすあき
		担当者名	町田 泰昭
PHONE	0742-24-7156	F A X	—
Contact	jinji.kururu@gmail.com		
Homepage URL	http://www.nl-kururu.com/		
Number of Employees	5		
Duties *Up to 171 characters	Cafe (Food Therapy) , Healing Salon, Healing School, Healing Studio (including tours) , In-house Research & Development, Manufacturing and Sales (Food & Products) , Environmental Support Business (Natural Farming & Agriculture)		
Corporate PR (Main Products, etc.) *513 characters or less	"A Comprehensive Healing Company" Through six business areas—Cafe (Food Therapy) , Healing Salon, Healing School, Healing Studio (including tours) , In-house R&D, Manufacturing and Sales (Food & Products) , and Environmental Support (Natural Farming & Agriculture) —we aim to enhance the well-being and richness of both people and the environment. We are an advanced company engaged across the SDGs.		
Work experience (unpaid)			

Purpose of the program *Up to 228 characters	Participants will mainly experience our cafe (food therapy) operations, along with studio activities, learning about the connection between food and body through movement and therapeutic exercises. Through experiencing our advanced business practices, you will gain insights into self-medication and wellness.	
Maximum number of people per event *As soon as one or more people apply, the implementation will be confirmed.	2	*Applications will end when the capacity is reached. (First-come, first-served)
Work Experience Location *If there are multiple locations, please fill in all the relevant locations. *Up to 171 characters	Kururu Co., Ltd.	
Work Experience Location address *If there are multiple locations, please provide the addresses of all relevant locations. *Up to 171 characters	Inoue Building 2F-A & B, 5-1 Higashimuki Minami-machi, Nara City	
Nearest Station *If the implementation location is multiple, please fill in the nearest station for all relevant locations. *Up to 171 characters	Kintetsu Nara Station – 3 minutes on foot	
Desired period for accepting work experience *Please set the total for 5 days to 10 days, and a total of 30 hours (excluding break time) or more. [Example of entry: August 21, 22, 25, 26, 27 for a total of 5 days]	October 10 – October 14	

Please fill in the implementation plan for this program *Please allow time to write the practical diary in the entire schedule program.	schedule *Please fill in the same schedule as line 28 above.	Working hours [Entry example] 10 : 00~ 17 : 00	intermission [Example of entry] 12 : 00~ 13 : 00	What the experience includes (*For more than half of the period, work experience is required.))	
Day 1 *Input required	Friday, October 10	11:00 ~ 17:30	14:30 ~ 15:00	morning *Up to 70 characters	Company overview (lecture)
				afternoon *Up to 70 characters	About the Food Therapy business (lecture)
Day 2 *Input required	Saturday, October 11	11:00 ~ 17:30	14:30 ~ 15:00	morning *Up to 70 characters	Customer service and guidance experience (manners, greetings, hospitality)
				afternoon *Up to 70 characters	Work experience from arrival to welcoming customers (cleaning, organizing, opening preparation)
Day 3 *Input required	Sunday, October 12	11:00 ~ 17:30	14:30 ~ 15:00	morning *Up to 70 characters	Customer service from arrival to seating / Closing tasks until leaving work (including role-play)
				afternoon *Up to 70 characters	Food Therapy experience (cooking & lunch tasting), customer service from arrival to farewell
Day 4 *Input required	Monday, October 13	11:00 ~ 17:30	14:30 ~ 15:00	morning *Up to 70 characters	Explanation of product knowledge / Cooking with company products
				afternoon *Up to 70 characters	Product management, organizing, shipping, customer service experience with products
Day 5 *Input required	Tuesday, October 14	9:30 ~ 16:00	12:30 ~ 13:00	morning *Up to 70 characters	Studio work experience - learning the connection between mind and body / Basic movement training (yoga, breathing, walking), manners, posture
				afternoon *Up to 70 characters	Review session

Day 7 *Must be entered if it is also held on the 6th day (or later)				morning *Up to 70 characters	
				afternoon *Up to 70 characters	
Day 6 *Must be entered if it is also held on the 7th day (or later)				morning *Up to 70 characters	
				afternoon *Up to 70 characters	
Day 8 *Must be entered if it is also held on the 8th day (or later)				morning *Up to 70 characters	
				afternoon *Up to 70 characters	
Day 9 *Must be entered if it is also held on the 9th day (or later)				morning *Up to 70 characters	
				afternoon *Up to 70 characters	
Day 10 *Must be entered if it is also held on the 10th day (or later)				morning *Up to 70 characters	
				afternoon *Up to 70 characters	
Total number of days *Please set it in 5~10 days		5 days			
Total implementation time *Please set the total for at least 30 hours (excluding break time)		30 hours			
Required (required) Japanese level for work experience *Multiple entries are allowed. *Please write on the right from N1~N5	N1				

Skills required (required) for work experience *Selection cannot be made by your company or organization. Please fill in the required requirements here in advance. *If you do not need any conditions or qualifications, please enter it so that you can understand "any faculty or department". *Up to 171 characters	Must be at the level of a vocational school graduate Must have home cooking experience (basic use of a gas stove) Must be able to perform simple PC tasks
What to bring on the day *Up to 171 characters	Apron, triangular headscarf Please prepare your own lunch (lunch is not required on the 3rd day)
Meeting place on the day (Please use expressions that are easy for participants to understand.) *Up to 171 characters	Please come to our store. Inoue Building 2F-A & B, 5-1 Higashimuki Minami-machi, Nara City *Located up the stairs next to Narazuke "Yamazakiya". *If you cannot find it, please contact 090-1133-8007.
Dress *Up to 171 characters	As this involves work experience including customer service, please wear comfortable, clean clothing in dark colors (black, brown, navy) that does not easily show dirt.
Other precautions *Up to 171 characters	Our company is visited by various customers such as infants, the elderly, overseas visitors, vegans, etc. Please be considerate of their constitutions and characteristics, and do not use strong perfumes or fragrances. Please refrain from wearing patterned clothes or flashy accessories. Keep makeup modest. During work you will be required to wear gloves, and for hygiene reasons, nails must be kept short.
Message to participants *Up to 171 characters	We welcome those with fasting experience, vegans, vegetarians, people with a gluten-free diet, and those who are interested in and practice environmentally and well-being-conscious eating habits in daily life.